

## Basic Life Support Online Training Course

- Basic Life Support in adults and children
- Anaphylaxis & Adrenaline use
- CPR – Adults, Children, Babies
- AED Device use
- Managing choking

The training team at Rx Advisor is delighted to offer a convenient way for healthcare professionals and their wider non-healthcare professional team to receive essential basic life support training.

This accredited course provides convenient online refresher learning for health care professionals and non-health care professionals. It includes a short online assessment and course completion certificate.

Training Overview

Online  
e-learning

Knowledge  
based online  
learning  
materials

Online  
assessment  
& Certificate

# Training outline and agenda

## Training aims

- ✓ To develop an understanding of basic life support for adults, children and babies
- ✓ To demonstrate safe and effective CPR
- ✓ To demonstrate safe use of AED devices
- ✓ To manage anaphylaxis using adrenaline

## Step 1: Online Learning

You will be provided with access to a secure online learning web-portal. This forms an essential part of the training. The table below provides details of the online course contents:

Aspect of learning	Approximate duration
<p><b>Introduction</b> Start by viewing the introductory presentation on the portal home page. This provides comprehensive course information and learning outcomes.</p> <p>It also provides the key learning in preparation of the workshop if you intend on attending a face-to-face workshop</p>	<p><b>Duration:</b> approximately 1 hour</p>
<p><b>Module 1: Managing emergencies – basic life support &amp; adrenaline use</b> This module consists of 5 section, each of which is provided via a video presentation (of a duration of 2 to 30 minutes each). Each section also comes with links to the slides and notes together with relevant further reading links.</p> <p>The sections are as follows: Section 1: Basic life support &amp; CPR in adults and children Section 2: CPR in babies &amp; infants Section 3: Managing choking Section 4: Use of AED devices Section 5: Anaphylaxis management &amp; adrenaline use</p>	<p>The presentation in each section is of a duration of between 2 minutes and 30 minutes.</p> <p><b>Total module presentation duration:</b> approximately 1 hour</p> <p>Expected further study duration: 1 hour</p>

## Step 2: Online Assessment

You can access the assessment section immediately after you finish the online learning. An assessment access password will be provided to you with your confirmation email.

**The online assessment must be completed before you can access your certificate of course completion.**

**Please note: access to the online learning portal and course assessment is restricted to 28 days. You must complete the assessment in 28 days after purchase.**

## Certificate of course completion

You will be able to download your certificate of course completion after undertaking an online assessment. This certificate can be used towards your declaration of competence.

## Frequency of training

The Health Protection Agency recommends that healthcare professionals undertake annual training.

Our 'Online Refresher' training course is a convenient way for professionals who don't need the practical training but require a refresher.

## A convenient course for busy health care professionals

We work hard to ensure that the training course is up to date and relevant for all professionals. The course materials are correct and up to date at the time of publication.

The course has evolved since it was first launched as a result of constructive feedback from delegates. We believe that we have made the course as easy as possible to undertake for busy professionals. The course allows you to do most of the essential learning in your own time.